

Get a prize for 5 squares in a row. Get a bigger prize for **blackout** (all squares).

Ask a family				Play for 10
member to pick	Play four	Roll a dice and	Play a song	minutes, jog 3
one of your	measures	practice one	outside.	laps around the
songs. Play it 3	backwards.	song that many		house, then
times.		times.		play for 10
				more minutes.
Play one song			Write a music	
as <u>loud</u> as you	Listen to your	Memorize a	goal:	Teach an adult
can while still	most difficult	song.		<u>to read</u> a tricky
having good	song on			rhythm.
tone (a good	YouTube.			
sound).				
	Study your			
Practice the	instrument and	Play your		Practice as
most difficult	find a part	newest song	Compose a	soon as you
line in a song 5	you've never	for your stuffed	song.	wake up one
times.	seen before	animal.		morning.
	(hint: look			
	inside!)			
		Play an entire	Play one song	
Practice 15	Listen to nature	song as slowly	as <u>soft</u> as you	
minutes in a	and play music	as you can	can while still	Practice while
room you've	that goes with	while still	having good	laying on the
never practice	what you hear.	making a good	tone (a good	floor.
in before.		sound.	sound).	
			Call/Zoom a	
Practice 3 times	Teach an adult	Do 20 jumping	friend or	Record a video
in one day.	how to play	jacks then play	relative who	of you playing
	your	a song. Repeat	lives far away	one song.
	instrument.	5 times.	and play a	
			song.	



